# DAY in Greece 

## 4.1 million HOUSEHOLDS

10,741,165 population

## 243 births

THEY ARE: 735,027


3,828,021


Do muscular endurance exercises (stamina or strength)


4,710,460
Use the internet

Food consumption
per day
354ml
839gr
Milk Vegetables

305gr
Bread

3,650,981 walk for at least
10 minutes continuously

